

**A R C H D I O C E S E O F I N D I A N A P O L I S M E N T A L H E A L T H M I N I S T R Y**

PROJECT HOPE

**Faith -Based Mental Health Support Groups**

Come encounter Jesus Christ through community, support, and scripture in a safe and confidential environment. We will be able to share our experiences and process challenges through the lens of Scripture and Catholic teaching. A group will consist of up to 6-8 adults including a mental health professional.

**UPCOMING GROUP**

**WHEN: Tuesdays September 9, 16, 23, 30 & October 14, 21**

**7:00 - 8:30 pm**

**WHERE: St. Jude Catholic Church**

**5353 McFarland Rd Indianapolis, IN 46227**

Register by emailing Brie Anne Varick, Director of Office of Human Life and Dignity **bvarick@archindy.org** **or 317-236-1543 or by website** [www.archindy.org/humanlifeanddignity/mental-hope.html](http://www.archindy.org/humanlifeanddignity/mental-hope.html)